

THE MOST IMPORTANT RULES FOR ALL KIND OF WATERSPORTS



Check Weather Conditions



Understand your limits
and possess the appropriate
certification



Always have a Buddy



Use the correct
Safety Equipment



Familiarize yourself with
the local rules and laws



When in watercraft main-
tain a safe distance from
swimmers and divers



Assess wind, waves
and current



low speed within
300m from shore



Ensure surroundings and
access points are safe



Respect the environment,
avoid interfering with
marine life

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